

## Ripple Effect



First let me show my appreciation to Rainbow Warrior Mariah for posting this while my computer is still down. ( Wa do Rainbow Warrior Mariah)

Most Recently written by Rainbow Warrior Mariah was her wonderful piece on The Law of One and Service. In reading this I felt the love of a true rainbow medicine warrior whose strongest desires are to help stimulate an awakening of the masses to help affect change for the better. I understand her troubled heart about the different earth changes and loss of lives because for more than 2 decades I've written books and taught seminars not for material gain because each time I really made less than what I put out in doing these things. NO it was for the same strong desire to awaken the masses to help bring balance and healing to our suffering planet. Through these many years of spreading the word I've watched as people still stumbled around as if they had blinders on clinging to the material world and always wanting. In the past decade I've built many web sites, "Rainbow Speaks", "Spirit Fire", "Light Worker", "Dream Generation" and the last one "World Ascension" each time it was to help bring information to the public to help people find their way out of the darkness until financially I could not keep these sites going. Here on Surviving Earth Changes, Rainbow Warrior Mariah a struggling working mother is trying to do the same thing praying daily that she can afford to keep the sites going while praying also that her messages inspire and awaken others to keep the ripple effect that is needed going to change the direction human kind is once again headed toward.

The planet is a living creature and all tribal people around the world hold this to be fact and they honor and respect the Mother Earth. How many of you watched the movie, "Avatar"? After watching this movie how did it make you feel? Speaking as a tribal person whose ancestors felt like those beings did in the movie, I actually shed a tear while watching because it made me think of how the land was changed here in America. In the movie the invaders were destroying the planet with no concern of how out of balance they were throwing nature and they had to be stopped so that balance could be restored. Well people think about it that is exactly what is happening today. The Earth Mother is out of balance and is trying desperately to create a change that would help restore her harmony.

Humans have become parasites instead of loving caring children. Human kind keeps taking and taking from the Mother who has always given freely. In my books, "Not His-story, Not Her-story, But Another-story," "Will You Listen" " The First Medicine Wheel Coloring Book," "Earth Walk", "A Song in My Heart", "The Legendaries Great Gathering" and even " The Medicine Warrior Work book" over and over I pointed out how humans affect all the changes that happen on this planet and so far as history shows they have always ended in negative energy creating total chaos and a cleansing of the planet. WHEN WILL HUMANKIND STOP THEIR GREED AND WAKE UP?

I thought about how so many argue over who discovered America, when the tribal people try to point out that we were never lost so we didn't need discovering. The reason the first explores came

to this country was totally out of greed because they had exhausted all their natural resources in their own lands. They cut down lots of their trees, ripped apart the earth for her minerals and oil and over grazed the lands. Then they came to the Americas with the same greedy notions that caused the death and genocide of untold and unaccountable tribal nations. People who lived once in perfect harmony with the land and only took what was needed allowing nature to always replenish herself.

Rainbow Warrior Mariah's caring articles and videos point out to those who chose to pay attention that nothing is written in stone. That we can create change if we chose. How much longer are humans going to ignore the signs of Mother Earth's pain. I saw on the news yesterday where tornados are ripping areas apart, while it seasonally should be spring and it is still snowing and flooding in some areas of America. These earth changes are because humans have continued to spread their greed around the world. In order for the positive changes to start it has to start in the America because that is where the planet was thrown greatly out of balance with the ever growing greed, selfishness and racism by humans who put a material value on everything. Saying every thing is for sale at the right price. This is very wrong, for the planet is our Mother and it is time for humankind to give back to her so she can begin to heal.

Rainbow Warrior Mariah feels the pain of the Mother Earth and as a mother herself she cares about all life. She has created her sites to help awaken and start this needed ripple effects. It's up to each of us to become that drop in the ripple that can produce a change and we can keep it going if our hearts are into it. In 1995 I helped the children of the Mustard Seed Medicine Council put on a Global Healing Event here in Arizona to show their appreciation to Mother Earth. That day a ripple effect went out that caused many adults to think and question their own way of life. We took the John Denver song "What One Man Can Do" and change it to say "What One Child Can Do". A little 10 year old girl sang the song with all her heart and made people stop in their tracks and actually shed tears because they felt something at that moment that they had not felt before. It was the love that those children that day poured out to Mother Earth. Now it is time for each of you reading this to ask yourself, "What One Person ( meaning YOU) can do to help that ripple grow and effect a change for the better before it is to late.

live, light, love ,

Crooked Arrow

And our sites are [www.survivingearthchanges.ning.com](http://www.survivingearthchanges.ning.com)

[www.survivingearthchanges2012.weebly.com/index.html](http://www.survivingearthchanges2012.weebly.com/index.html)

**By Rainbow Warrior Mariah aka Angel**  
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Born in Philadelphia, Pennsylvania, the second oldest child, she was given the name Crooked Arrow by her great grandfather at birth. Crooked Arrow is a gifted Intuitive Anatomical Health Practitioner, as well as a Spiritual Counselor and Tribal Medicine Woman, who has devoted her time and energy into helping others. Her sensitivity and ability to understand the signs around us, enables her to consult on Body, Mind and Spirit. From a technical and certification aspect, Crooked Arrow has a Master's Degree in Herbalism, and a Ph.D. in Natural Nutrition as well as an extensive background in massage, polarity and aroma therapies. She is the founder of the Mustard Seed Medicine Council. She has won numerous awards for her poetry and was recently among the finalist in the Red Bull Art of Can 2008, 2009 and participating in 2010 Exhibitions. She also had two art pieces in the 2008 Flagstaff Recycle Art Exhibition and won the Best Use of Material award for the 2009 Flagstaff Recycle Art Exhibition and now has two pieces in the 2010 Flagstaff Recycle Art Exhibition that will be touring Arizona. We met on .Ning social network groups. We actually belonged to many of the same groups including the two I created. From the moment I met her, I thought she was a very fascinating person and I was mediatly captivated by her personality and the way that she walked her talk as a medicine warrior. She is a very charismatic person, people are just drawn to her. Then she told me I was her spiritual daughter. That is another story that I will discuss some other time. She is a Mother, a Grandmother, an Artist, a Healer, an Author and a Light Worker. She is not only my friend, but also my spiritual mother. She has helped me through the worst ordeal of my life and continues to do so. Something very similar to what happened to her also happened to me. The dark side always looks for ways of stopping light workers from accomplishing their life's purpose, targeting them through what they fear the most.

## Testimonials of Satisfied Customers



"I sleep with my Egyptian Design Medicine Blanket on my legs at night because it helps to keep my legs from cramping when I sleep." Mr. C from Phila, PA

"My custom design blanket is on my bed to help me get a peaceful nights sleep." Mrs. D. Nolan from Lahaina, Hawaii

" My custom Egyptian Goddess design blanket is draped across my treadmill with the center always in view. It has helped give me back laughter and hope. Mrs. P. Shin from Deerpark, N.Y.

"The Buffalo Totem blanket was placed over my niece while in the hospital after she had almost drown in our dirty pool. I believe the blanket helped heal her because she recovered right away without any after affects from the dirty water. " Theresa from Phoenix, AZ

" I came to Crooked Arrow's house with a really bad headache. She had me sit on one of her medicine blankets for a few minutes and my headache went away." Mrs. W. Merrill from Salt Lake City, Utah.

" Bless you for all you do, have done and will do." Dr. Doris R. from New York  
"I liked the Chakra balancing you did with your hands. I felt clearer and more energy afterward." Dr. Linda W. from Phoenix, AZ

" I am a chiropractor. I received your Chakra Balancing CD from Louise J. It has been very useful. I have tested myself before and after listening to the CD. Utilizing electro-meridian imaging, a profound difference has been noted. I will buy 20 more to use in my practice. " Dr. John D. of Peoria, AZ

" I just wanted to say that it was an absolute delight in meeting you. Thank you so much for all your wisdom and knowledge shared. It was very valuable information. I shall always be interested to attend any seminars that you may hold. Do keep me posted in the future. You are a very special and gifted woman. An inspiration!" Suzanne R. from Australia

" We are very grateful for your wonderful help! Thanks" Bartel and Marjoke C. from the Netherlands

"Crooked Arrow is one of the most Spiritual Persons on our planet." Nelda W. from Georgia

"Crooked Arrow is unbelievable! She is dedicated, knowledgeable, holistic and totally

connected mind, body and spirit. And she's so generous and kind! Joy G. from Canada

"Very interesting and informative!! Unique experience! Charlotte M. from Colorado

" I felt the session was definitely the best. I will keep you posted! Thanks so much for sharing your incredible gift with me. " Carol B. from Colorado

" Very informative and it gives me a direction to a lifestyle change. Spiritually it reinforces me to know I am on the right path and to be open to spirits calling. I think this is what I needed at this time in life. It was such a wonderful experience and time for me with you and spirit. I am so glad you are in my life Crooked Arrow." Bev T. from Colorado

"I went to see Crooked Arrow for the first time in April 2000. At that time I had been suffering from low energy, chronic headaches, depression, a chronic infection affecting my gastrointestinal area which blood test and urinary test could not pinpoint but which landed me in the emergency room. Before I left from my first meeting with Crooked Arrow, my headache was gone and I felt more "grounded". By putting her hand in front of my body she pinpointed a liver problem and suggested to me how to naturally cleanse my body so the body could heal itself. She also suggested to me to get off a depression medication I was on ( with my doctor's help) because it wasn't the right one for me---nor did I need it. Now, after following her easy, natural suggestions, my headaches are gone, my depression is gone, my infection is gone, my energy is back, my skin shines, my body is clean and I've lost 20 pounds. I can honestly say I haven't felt this good health in ten years and had ALMOST FORGOTTEN how "Good Health" felt... Thank you. " Ronnie B. from California

"Although little time has passed, and my body's still processing change, I feel the energy moving in my body. I feel that I can breathe better--body has loosened up some. I feel a lot more relaxed. " Nancy S. from California

"This session was truly remarkable. I am thankful to have been guided here. " Matthew P. from Washington, D.C.

Initially, I felt fatigued, unbalanced and outside of myself after traveling cross country and sleeping in unfamiliar places. After the Chakra Attunement and alignment Crooked Arrow did with her hands, I felt totally centered and energized. I found out also that she was right with her insight, I was pregnant by 6 weeks. " Shavonne M. from Maryland

"I enjoy the way Crooked Arrow teaches. Her seminar is presented with the light and love she exudes. This seminar is what everyone needs to hear because it incorporates the balance needed in our lives to make everything flow. " Carmen C. from California

" I have been practicing healthy habits for over 15 years. Hearing Crooked Arrow's thorough and gentle presentation gave us some strong basic tools to help remind ourselves about how important it is to maintain healthy habits and thoughts on all levels. Crooked Arrow speaks very well and adds an excellent dose of humor to her seminars. I enjoyed her seminar very much. She openly and abundantly shares her gift of incredible knowledge. Her presentation was on schedule and she kept focused on the topics. " Deborah L. from Canada

" When I met Crooked Arrow, I was searching for a lot of things. I needed desperately to find out who I was and am, to find what it is I believe. Crooked Arrow, through no teaching,

but through example showed me that you can have it all. If you listen to your heart and follow that which you know is right, you can be happy, whole, and at peace while living surrounded by love, balance and positive energies. " Victoria Y. from Virginia

"I was introduced to you by Susie, and I am going to feature you in "The Wise Ones" section of my web site, which I understand is with your permission. I feel a connection with you, perhaps from another life. I know we can serve each other and all others for the highest good of all." Anthony A. from Nevada.... [He no longer has his web site.](#)

"I greatly appreciated your taking time to speak with me yesterday. Something within me has shifted and I awoke this morning feeling more like my usual upbeat, positive, happy self! Thank you. " Annalise from Idaho

"I like to take this time to thank you. " The custom harmonic Medicine Blanket you created holds a lot of Mana Power ( Mahalo Nui ) many thanks. Much Aloha Mahalo's " Linda L. from Hawaii

"My Medicine Blanket has helped me to find love again. Thank you Crooked Arrow, it is a real work of art. " Patricia S. from Manhattan, New York

"I would like to speak about my experience with the dolls that are crafted by Crooked Arrow. These little darlings are full of the life-loving energy of their crafter and of Mother Nature herself. They seem to acquire the essence of the owner and the environment which they reside in. " Traveler from Arizona

"I like the energy so much from Crooked Arrow's crafts that I commissioned 4 different Medicine Blankets and 3 different Kachina dolls." Kathryn M. from California

"Crooked Arrow's Chakra Balancing CD created by her son, Hawk was one energy tool that helped me come back from a debilitating, year-long illness, balancing my energies as I regained strength. The wonderfully soothing water sounds in the second portion of the CD helped me relax into any changes that the first portion had made. Now well, I still use the CD to re-balance in this pressurized world of ours." Nan S. from Colorado

"When I first listened to the Chakra Balancing CD, I felt an immediate calm come over me, and it was as if my whole brain was rearranging itself. With daily continued use, I found that not only was I more in tune to my surroundings, but that my sixth sense gifts had soared. A whole new world had opened up for me. It is in close relation to a door that suddenly opened, and spiritual gifts that were out of reach, were suddenly available to me, at my discretion. A new part of my life, for I had to learn how to activate, and utilize my newly expounded "gifts" so that it may benefit all in my circle of love and life. I became a better person, more aware, a lot calmer, more in tune to this life and the next. My intuition became much stronger. I had also used the CD with my children. It had helped them to also be in tune to their surroundings and to shut out the unnecessary propaganda this world places on children, with the help of my monitoring what they watch on TV, etc. As a family we have become one unit, united by all of our intuition and other sixth sense gifts, like clairaudience and psychometry, which has become so vital to their survival in this world that we live in today. It has given them the understanding, that there is more to life than what meets the eyes and that to make it in today's world, is to use the conglomeration of all the worlds that we are part of. I have seen an increased interest in their school performance and an increased interest on what they can do to make this world a better place to live in. So, please, give the Chakra Balancing CD a try, it will greatly inspire your life in many ways that you thought weren't possible. " Yvette J. from Pennsylvania



"Over the past three years, I've had very challenging health problems ( acute mercury poisoning and the resultant muscle wasting) from which I wasn't sure I'd recover. I'm now not only completely recovered but am in better health than I've been since I was very young. Crooked Arrow's healing talents helped me regain my health. She not only had valuable suggestions for helping me with problems on the physical plane but helped connect me to spiritual resources that strengthened me further. Her multidimensional healing approach was unlike any I'd known. Her talents are truly a gift to us all. " Nan from Colorado

"It is with great honor and immense pleasure that I share with you how I feel about Crooked Arrow. When I first met Crooked Arrow, almost 3 years now (2001), I was, because of life's challenges and difficulties presented before me, a bitter and angry soul. It was hard for me to love and even be loved too. With Crooked Arrow's immense patience, tough yet unconditional love, genuine concerns about my own being/soul yet about those surrounding me too, I slowly learned to let go of my hatred and my anger and to love myself first again... eventually that led to rediscovering THOSE around me whom I could still love and trust. Even better she helped me get rid of all of the bad karma and souls that were creating chaos in my life without harming anyone spiritually. She continues to guide me to live as humanly as possible in love and kindness, regardless of the challenges that may face me now or in the future. Most importantly, it is with Crooked Arrow, that I can find ways to also teach my own little angels spiritually to be good beings and souls on this earth. I have sent many other lost souls to her and just yesterday recommended her again to two other people. I pray that she may continue for a very long time to be that healing guardian angel that we need for life doesn't indeed present us with heartbreaking challenges that at times will make the worst come out of us... and only with Crooked Arrow's loving and spiritual guidance, at least those of us blessed enough to meet her, can change that course and actually make a difference during our lifetime. Well I could go on about Crooked Arrow, but essentially this is what I feel for her. " Simone G. from Arizona

" Crooked Arrow was thorough, gentle and correct in her assessment of my physical condition. She offered easy solutions to help me and was knowledgeable about many different modalities." Jenny D. from Arizona

" I came in feeling scattered and zombie like. After Crooked Arrow used her hands to adjust my Chakras, I felt clearer, more balanced. " Marilyn K. from Arizona

" After two or more years of asking medical doctors about some health problems I've been having and being ignored by them, Crooked Arrow released the pressure in my body within 1 hour and by her using her energy, knowledge and guidance she zoned in me immediately. Her healing energy techniques are far more superb than the medical advice I had received from the medical doctors. I will only see medical doctors for broken bones and see Crooked Arrow for all other healing. She is more than a "special being" or "earth ange" and I feel blessed and honored for my session with her. She has honor and integrity and I am very happy and thankful for her specialness. ' Deborah L from Arizona

"Thank you for your interview and time. Loved your work -- very informative. I am so happy to her of your gift and that you are sharing it with others. " Marge R. from Arizona

" I'm really glad and thankful that I met her." Araceli J. from Arizona

" Wished I was able to have more time with her. I felt lucky to have had her evaluate me. Thank you. " Phyllis A. from Arizona

"Very good! Crooked Arrow seems to be in touch with the ailments of my body. Good Advice. I will come again. " Betty E. from Arizona

"Crooked Arrow's seminar was very enlightening. The seminar has made me think about the food I eat. Also, Crooked Arrow gave me some tips on how to better take care of myself and certain conditions. " Arletta J. from Arizona

"Crooked Arrow's book " The Enlightenment" really opened my eyes, heart and mind." Toni M. from Arizona

"I read the book " The Whispering Desert" with no idea what to expect. Reading this is like talking to an old friend. The experiences relayed are very profound and enlightening. I love the easy way Crooked Arrow leads you through her life and challenges of spirit. Learning to trust our inner voice is complicated but necessary for our evolution. Crooked Arrow has tapped into that source and sends our spirits soaring. Thank you Crooked Arrow for this up-lifting and spiritual peek into your life." Kaye Kizziar author of "Eyes of the Superstitions" from Arizona "The First Medicine Wheel Coloring Book is a book that will not disappoint you but inspire you." Ricky S from Arizona

"I read the book " A Song In My Heart" and found that all children should read it, especially those who have gone through any type of devastation in their lives. This book will be a great healing tool for them, cause it will help them to know they are not lone." Yvette M. from Arizona

The book " You Kitchen Medicine Chest" is very informative. Everyone should get a copy for their home.' Cecile S. from Arizona

"The Legendaries's Great Gathering is a great story. If you like fairies I highly recommend reading this book." Pilar Q. from Arizona

"Crooked Arrow gives of herself the way God intended love to be used. Her devotion to healing is pure and unconditional. Each time I walk away, learning and developing myself to be a better individual, spreading the message." Philomina B. from Arizona

"I want to honor you today, Crooked Arrow and share with all my relations that true power begins with humility. You honor me, Crooked Arrow, with your teachings and your patience along with endurance in putting up with your spiritual children until we get it right. You have been my confidant, spiritual mother and door opener. Thank you for the many hard months of encouragement to help me on my medicine path and yet never once taking credit, but giving all to Spirit. " Kathryn M. from Arizona

"Crooked Arrow says she is not a teacher and yet she is filled with the spirit of wolf- the teacher. She has taught me more than anyone I know, mentally, spiritually and emotionally. Mainly by example in true tribal fashion. She is one who truly walks her talk. Crooked Arrow is a true medicine woman in every sense, and her reverence and joy in bringing the ancient traditions back to the Great Spirit's light and sharing such knowledge with all our relations is an honor and wondrous happiness to behold. She is my medicine woman, my mentor and my friend. Great Spirit brought her to me. I am fully aware of how much I am



loved and blessed with such as gift. " Susie W. from Arizona

" I am writing to tell you about the Crooked Arrow that I have come to know. Who is she? She is the very best that I can be. She is my teacher, my motivator, she brings out the best in me. She is raw energy that feeds those in need. She is unconditional in all she does. Crooked Arrow accepts people unconditionally, she teaches the same way. I am what I am and I'll be whatever I'll be with her guidance. She has my love, but more, she has my respect. Mary I. from Arizona

"As always, my dearest friend and mentor, your work shines forth and enlightens the way for those who choose to find the encouragement to follow their heart and soul toward their greater good. Great Spirit is that from which all things come, but you are the light of truth who shows the pathways opened before us if we have the warrior within to explore and discover who we really are. As you have done for me. I'm still exploring. Thank you for helping me discover my warrior within. " Susie A. from Arizona.

" I am writing in regards of my new, recent relationship with Crooked Arrow. In my opinion she is one hell of a woman. On the day of our first meeting, just happened to be at the Four Peaks in April of 1997 for a Medicine Warrior Ceremony. Upon meeting this fantastic lady we were welcomed by hugs and I mean hugs and thanked for coming and introduced to other tribal members. Let me tell you, I have never felt more loved, welcome and cared for meeting new people in my life. Crooked Arrow saw my legs and told me to come to her home a few days later, which I did. She scanned my legs and suggested to me what to do, which I have done. I really can't say to my surprise, because right off at meeting Crooked Arrow had complete trust and faith in what I call a wonderful, great, trusting, caring, sharing, loving, honest person, who I feel truly blessed to call my new friend." Charlene B from Arizona

" Crooked Arrow has offered spiritual guidance and assistance in many areas of my life including relationships, careers and knowledge of oneself. One of the most powerful question that was asked me by her was, " Who are you?" My initial answer was very shallow and simplistic. Primarily my identity was wrapped up in my job title which was a limiting answer. Eventually, I expanded on the question of who am I to included descriptive words, like spiritual being, compassionate, community service desires. Therefore, the question of who am I, required me to become more in touch with why am I here. Crooked Arrow reminded me to stay positive and things would clear up in my life. It was very difficult to stay positive when I was afraid of getting cancer. Staying positive and getting a second opinion proved to be very helpful and the subsequent retest were normal. Therefore, by listening to Crooked Arrow, staying with the positive energy of love and truth and by asking honest and sincere questions of myself and others -- I'm able to reside in the love of my spirit and not in the fears of my ego." Barbara C from Arizona

" Your seminar was very informative. I've changed my diet greatly since then and have begun to really feel the results. Thank you. " Dee D. from Arizona

" Crooked Arrow means a lot to me. She helped me by telling me that this is my last lifetime. Out of all the many people who have read me none told me that. I believe that is very important piece of information. I was very pleased when she did a healing on me, and I found myself at the gates of Heaven. I had not seen that before while in this body. I was pleased at the experience that followed. During the healing I felt a feeling of being " okay" now. During my entire life people/events have made me feel not okay and the experience

took me to a place where the negative energies could not "get me". That was a wonderful feeling AND I could also see images of such. I now feel I have a sense of purpose in my life. After meeting/speaking with Crooked Arrow, she mentioned how I do have a mission in life (something I had not been made aware of in a state of certainty). I now know that me just living, having a job, and personal relationships here and there is not all I came to this earth to do-- Thank God! Up till my meeting with Crooked Arrow, I had not felt any meaning in my life and really just wanted to leave the body ( something I have wanted to do my entire life since it was filled with disappointment and various types of pain). I look forward to working with Crooked Arrow in the near future and beginning to fulfill this purpose. I thank Crooked Arrow for making the request to return to the physical form, in a human body, so that I could meet her. i know that many people have been and will be blessed by this spirit coming into their lives." Marilyn H. from California

" I first met Crooked Arrow in 1992. Since then, she has been my friend, my healer, my medicine woman and my counselor. She has helped me tremendously! At times she would make me angry during my healing process, but, looking back and realizing that this is what I needed. Linda McK from Arizona

"My wise and beautiful spirit sister enlightens each of us with internal light." Joann C from Arizona

" I've been to many doctors that couldn't help. I felt that I do have hope on getting myself together now. It was a very interesting session and would love to get a reading done. It was well worth the trip to meet you." Eileen P from Arizona

" Good Day, Crooked Arrow. I wanted to let you know that my friend Sandy ( the one that was thinking of suicide ) has been using the "Chakra CD" made by your son, since Oct , 3 to 4 times a day. Saturday, Oct 23, 2004, I received a call from Sandy, tow things I have to pass on.

1- First time she listened she felt at peace. 2- Friday when she was listening to the CD, she got very tired and fell a sleep, slept for almost 3 hours. It was the first time in a couple of years that she felt so relaxed and at peace with herself. When I talk with her now you can tell the difference in her voice. Her voice sounds a lot lighter and brighter. Bless you for giving me the information to pass on and your son, Hawk for having the inspiration for creating the CD." Lou J. from Arizona

"Thank you Crooked Arrow. She has vision in her hands and can see and feel things vibrationally." Laura B. from Arizona

" I was having some difficulty getting to go through the mess I have with so many boxes/basically overwhelmed with so much to go through, open and assimilate...somehow I have been listening to the Chakra CD you gave me at the lecture daily once in the morning before work and at least once after I get back from work. I find as I am working on things that it assists in getting through the energy! I am soooo excited! It is now 12:20 a.m. andI am still going strong whereas even before I got back to the apartment I was really tired and was going to go to bed ( before 8 p.m.) which is highly unusual. It was possible the new job, Tim, David and my job all this week that zapped me ot of my energy. This Chakra CD is sooooo wonderful, I am grateful for your son, Hawk, for creating it. " Mare Eagle from Arizona

" Here are are my thoughts on what the Medicine Warrior Workshop made me realize as well as having known Crooked Arrow for many years: ( my poem dedicated to Crooked Arrow)

Every step is a prayer

Every destination is a path to a life filled with challenges and pleasant surprises...

But a trail is a possible dark oblivion

Nevertheless, it is a deep awakening

Walk on - a step at a time...

Be one with your spirit, mind and body...

Embrace the life you have been blessed with...

As much... life will embrace you in light, love and laughter.

During the workshop with Crooked Arrow, one could feel a kind of solidarity among the women... Furthermore those attending seemed to manage to come together with Crooked Arrow as the leader. This type of solidarity is not always very easy. Hence, ;this weekend seminar was successfully designed to provide the participants with access to new and powerfully effective, ways of thinking "out - of - the box" and start realizing that they need to listen to their inner soul and their body. Based on my own experience, I believe that Crooked Arrow and her workshop is meeting this objective in full force. I recommend the seminar wholeheartedly for any being looking to reconnect to reconnect with themselves; looking to understand issues around diversity, seeking passion for their lives, their work or simply reconnecting with their ability to make an authentic contribution to life! Lastly, this past weekend was a wonderful opportunity to connect with women while on our own personal journey. A truly mental, emotional, spiritual awakening for all! The opportunity of a scared place with sacred people allows you to look at yourself possible in a way you never looked before. Arriving without understanding and being filled with Crooked Arrow's light and love - this is what I experienced and will carry with me through my journey. Crooked Arrow's insight is tremendously valuable, she will help many women and men come into their own sacredness and more importantly, believe in their own power and inner strengths and beauty. " Simone G. from Arizona

" Thank you Crooked arrow for your kind words, thoughts and most importantly deeds form the heart. It takes more than vision quest to materialize what finally transpired in the forming of the medicine warrior workshop. Through my youthful eyes I see my immediate surroundings, through my soulful eyes I see all that is from the past, through my universal eyes, I see the world as my conquest, to spread the word of the medicine warrior and remain hopeful that your work and education will not go unheard or untouched. Predestined are the few that come together, no need to ponder or wander, we just know the time is here!" Philomina B from Arizona

" Spirit has me not feeling along anymore and is walking with me. My eyes are as wide as OWLS! And I am constantly being objective and observing all around me. One of the things that changed that i had always wanted to change... was that whenever someone asked me a question, I always felt compelled to answer them. I wanted to learn how to respond to an interrogative with an interrogative ( of reflection and deeper meaning back toward the originator ) Now, after the medicine warrior workshop, I first think about their question and am able to easily discern their meaning/intent and ask a question back that makes them really think! " Marilyn H from California

" It's hard for me to put into words about my feelings, but her we go. Ever since I did the

medicine warrior ceremony, I'm very happy with myself. The best way to explain it is, it's like a snake shedding it's skin. I shed the old Linda and now i can walk the medicine warrior path as Eagle Wolf. I had to rid not only my body of "poison" but also my mind and spirit. All the negative energies and hatred that I allowed into my life and soul had to be rid of so I can walk my path in light and love and not in darkness. I can't let myself be blinded by deception. I'm actually praying for my enemies now which I never have<sup>1</sup> I'm always happy and I love that feeling! By letting go of all that anger and hatred makes me feel lighter. It's been lifted from my soul and spirit. I can now look in the mirror and say " I love you"! I have a glow about my face. It's so hard to put into words. I guess you could call it a baptism. I'm anxious for the next step which is "Earth Walk"! I pray to my spirit guide and Saint Theresa for guidance and to walk with me on this path of life. I want to go as far as I can on this path! I feel so good about myself that I'm telling everybody! It's an experience that I have never had. I'm very proud of myself! I've come a long , long way! Thank you Crooked Arrow " Linda Eagle Wolf from Arizona

" Sometime ago I was given a very special name. It means a t to me in every wy. I received this name when I went through my warrior ceremony after attending the medicine warrior workshop. It has a special meaning. I am Medicine Wolf. Medicine is what I use to help heal those that need the healing from Spirit. I have and am still learning how to discover, treat, and prevent spiritual diseases. Wolf is the second half of my walk. Where I learn to walk with the freedom and to be loyal of the pack. The wolf is my guardian and protector spirit. at my warrior ceremony, I learned who I was and where I needed to be. It was filled with formal actions, words and the music which marked an important occasion for me. After I chose to walk this path, I had to pass a few tests of challenge. This led me to surgery. I has a hard time with the whole scenario. My spiritual guide and spiritual mother Crooked Arrow made a special Whale Medicine Blanket especially for me. Each stitch was done with a special healing prayer of which I really needed at the time because I almost died. This beautiful blanket has helped me not only get through some really tough times but has also helped me to walk my path with love. The energy that was sent through my blanket healed my spirit as well as my body. To this day I use it to help when I am feeling uncomfortable or ill. We all have a path we walk and we all choose which way to walk it. We just need to take that first step and make the commitment. I am Medicine Wolf. I am a Spiritual Medicine Warrior, I have made my choice by attending the workshop.

And you can view Crooked Arrow's Spiritual Art for sale at:

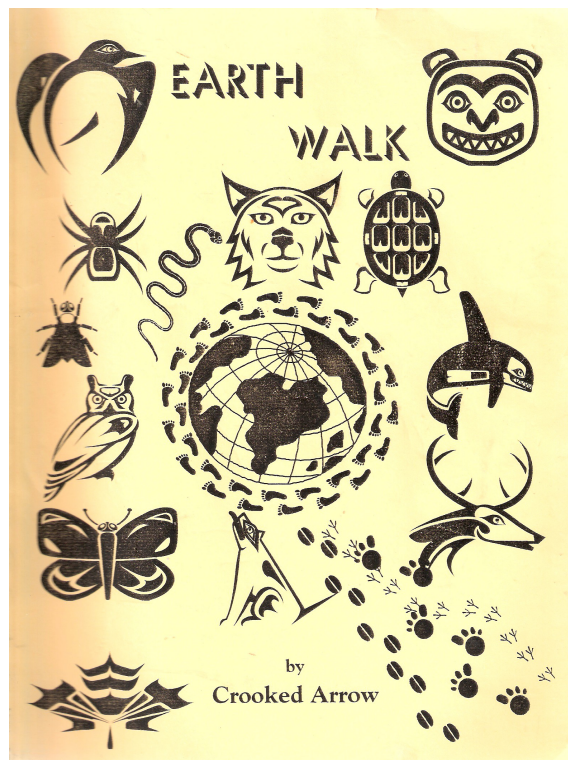
<http://survivingearthchanges2012.weebly.com/products-for-sale.html>

<http://survivingearthchanges2012.weebly.com/other-products-for-sales.html>

## BOOK REVIEWS

Book Reviews by Rainbow Warrior Mariah

I highly recommend these books, once you start reading them you will not want to put them down. This is my review on all the books I have read so far by Mother Crooked Arrow. See for yourself how these books can transform your life. You will never see things as you did before.



**EARTH WALK**

I have several of my spiritual mother's Mother Crooked Arrow's books and one that I just received recently is Earth Walk. In her own words:

Earth Walk was inspired by the the warnings given by the Elder Brother's of the Kogi Tribe, to the rest of the world. The Earth Walk information is not just written for the adult population. This inspirational book will be a great aide to troubled teenagers as well as distraught adults. Most teenagers today are faced with an overwhelming variety of options, which can cause some mental and emotional disturbances. As we have all noticed this can result in drug and/or alcohol abuse, sexual promiscuity and suicide. With so much confusion building in some teenagers minds, there

is very little room left for self-esteem. People of all ages are searching for harmony in their troubled lives. Some unfortunately die before they ever find it. Others live a very painful or destructive life. The Earth Walk information is a means for obtaining a balance that brings with it peace of mind. There are many ways to use this unique combination of information. You can use it to help give you daily inspiration or as a weekly, monthly or even quarterly guide as to how to walk in harmony with mother earth with peace of mind. Within the past 20 years or more people have been trying to find ways to once again reclaim the spiritual harmony that their ancestors once shared with the other creatures of this planet. Now with the illustrations and inspirational words of Earth Walk, we can learn to become more balanced in this stressful world we live in and learn once again to walk the Earth in harmony.

My review on the book: The book is well written and illustrated to the point that it can be even understood by children and young people. It explains the medicine wheel with the different animal, plant, and mineral kingdoms by category, and a detailed explanation of each one and their spiritual meanings. It can be used as a daily, weekly, monthly, yearly guide to help you find balance in your life. It help us love and appreciate nature in all its forms. And it can be used as an oracle to give you information on the past, present or future.

In 2002, she created the box, the printed out cards, created a small workbook where a person could journal their work with the cards. If you are interested in acquiring this tool that will help you on your path to enlightenment just get in touch with Crooked Arrow on Surviving Earth Changes 2012:

**<http://survivingearthchanges2012.weebly.com>**



And Mother Crooked Arrow will be creating new tools to bring awareness and to help you create balance in your life and help you to your road to enlightenment based on her books, keep yourself informed on her new really cool tools. Visit her page on a regular basis for regular updates:

**<http://survivingearthchanges2012.weebly.com>**



## THE FIRST MEDICINE WHEEL COLORING BOOK



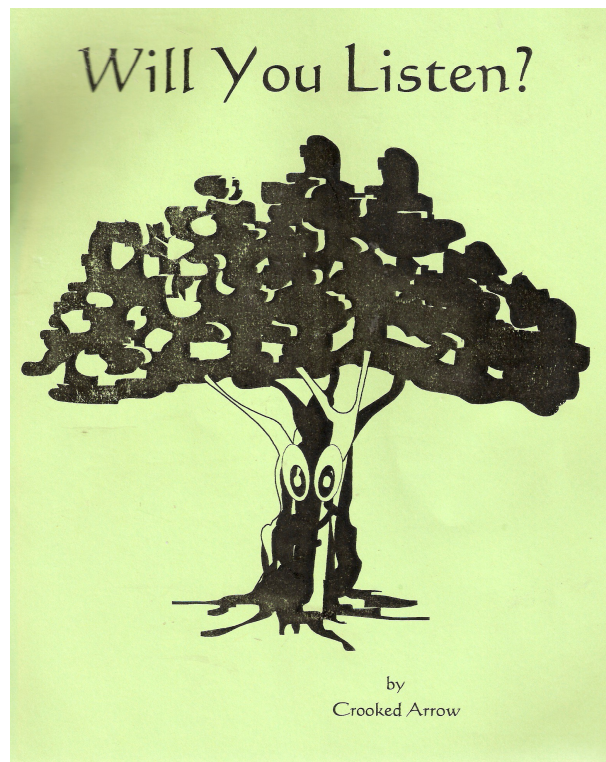
My review on this book: The first Medicine Wheel coloring book was designed for kids but also can be used by young people and adults as well. There is a detailed explanation of how the earth was created by "Great Spirit" in the native traditional way. It gives children a futuristic story of what will happen to our planet if we do not change our ways and how the cleansing will come about and what will happen on the planet and why this will happen. She gives this account in the present tense as if it has already happened. This book is prophetic because the earth changes have already started because of our greed and selfishness and the destruction of our natural resources and of all God's creation. Mother Earth is a living entity and she will no longer tolerated that we continue to kill her and all life on the planet. It explains the medicine wheel with the different animal, plant, and



mineral kingdoms by category, and a detailed explanation of each one and their spiritual meanings. This book also can be used as an oracle to give you information on the past, present or future.

More information on how to purchase this book contact Crooked Arrow:

<http://survivingearthchanges2012.weebly.com>



### **Will you listen?**

My Review on this book: Mother Crooked Arrow wrote this illustrated coloring book for children of all ages and dedicated it to her grandson Rain Cloud so he could grow up to love and cherish the tree and plants around him. This book explains to children that trees have spirits too and that by destroying our environment and nature we are actually destroying ourselves. The book contains pictures for children to color, it explains also the different kinds of trees by state, it has quizzes to help them think for themselves about what they learned from the book regarding the different trees and how they are used by man today. It is an interactive book where the child not only learns but also makes the child think on what they can do to actively participate to help save the environment.

More information on how to purchase this book contact Crooked Arrow:

<http://survivingearthchanges2012.weebly.com>

## A SONG IN MY HEART



Written by Mother Crooked Arrow and her son Hawk, this book is written for children and was dedicated to her grandson White Eagle so he could grow up caring for the planet and all creatures.

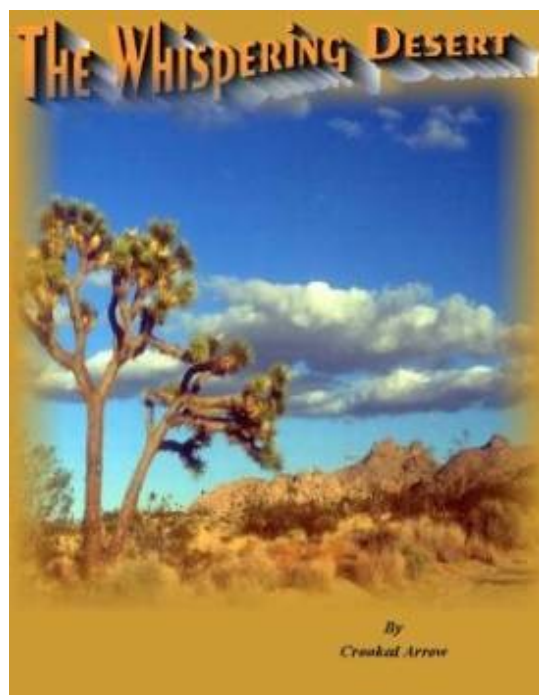
It tell the story of the lives of the survivors of the earth changes who have learned to live in harmony and love with each other, mother earth and all of nature. There is nothing left of the old civilizations that once damaged the earth except for these survivors, all is left is ruins and ashes. The book also talks about a very special and psychic little boy called Wenchenka who was born after the earth changes. He was so in harmony and attuned with nature that he has learned to communicate with the nature spirits, with other creatures and listen to their stories regarding life before and after the earth changes. The pictures in the book can be used also as a coloring book for young children. Great book, a must read for all ages.

**It is Mother Crooked Arrow's hope that all these books bring awareness and will help us love Mother Earth and all God's creation on the planet and that we will do our part to stop the destruction of our natural resources and to save the planet before it is too late.**

More information on how to purchase this book contact Crooked Arrow:

<http://survivingearthchanges2012.weebly.com>

I also highly recommend these ebooks, once you start reading them you will not want to put them down. "The Whispering Desert", "The Enlightened", and "The Medicine Warrior Workbook" for your guidance. See for yourself how these books can transform your life. You will never in see things in the same light as you did before.



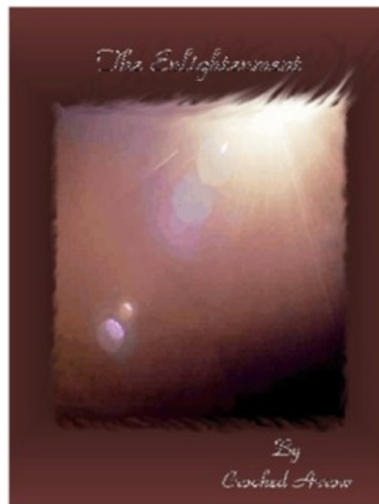
### **The Whispering Desert**

The Whispering Desert is a fascinating account of Crooked Arrow's life in the dessert and the incredible people and experiences she had. It is the continuation of her previous book the Enlightenment. Just like her other book the Enlightenment, it is a book filled with psychic phenomena that you will not be able to put down once you start reading it. As you read her story, you feel that you are actually there, as Crooked Arrow gives such a detailed account of her paranormal experiences that you feel that you are living it through her eyes.

If you do not believe in nature spirits, ghosts, higher beings or in UFO's, this book will make you a believer. How freaky is it to have your house and car disappear. This is an amazing book that will fill your imagination with wonder. I read it and could not put it down until I finished it. I highly recommend all her books as she is a wonderful writer, you will not regret giving yourself these wonderful gifts.

<http://www.portalsofspirit.com/EBOOKS.htm>

## The Enlightenment



My review on the book: The Enlightenment, Crooked Arrow writes a detailed account of her mystical experiences as a child and then as an adult. It is a very touching and inspiring writing of her life's story that will jump-start your imagination as you relive her story with her. You will be moved to tears as you read her experiences as a child and later as an adult with her family and the fascinating people she meets along the way. You will also read how the dark side tried to stop her from accomplishing her life's purpose. I could not put this book down, it is just one of those books. I assure you that you will not be able to put this book down and will most likely plan, as I have done, to reread it again.

For more information on how to purchase this ebook visit:

<http://www.portalsofspirit.com/EBOOKS.htm>

## Ancient Wisdoms, Ancient Connections, The Medicine Warrior Workbook



Excerpt from The Medicine Warrior Workshop Ebook by Mother Crooked Arrow:

**This sacred Medicine Warrior Path is not an easy road to walk. One begins this sacred commitment by being completely honest with oneself. The warrior does this through self examination. The true Medicine Warrior Way is a journey filled with a continual awakening of spirit to its highest achievements. It is the path of balance and uniformity. It is a road where one learns that spirit is one's true purpose. That the mind is the builder of one's life, while the body is the facilitator of what the mind and the spirit have manifested in the physical. We are truly body, mind and spirit. The Medicine Warrior Way is one of continual protection of children, our elders, animals, plants, the earth and the sacred old ways. She says that the greatest thing that holds a person back is their fear so the book helps in dealing with fear and letting go, so that one can begin to walk their talk.**

My Review on the book: Ancient Wisdoms, Ancient Connections, The Medicine Warrior Workbook tell the story of how the Ancient Ones visited a traditional medicine woman and showed her the sacred ways of The Medicine Warrior Path. It is also a guidebook that helps you take a good look at yourself and your inner/outer worlds. It helps you think about the changes that you need to make within, so that a positive transformation will reflect in your life.

Mother Crooked Arrow gives you guidelines based on her own experiences, so that you can figure out for yourself what are the changes you need to make, so it reflects in your world and the lives of those you come in contact with. She doesn't do the work for you, but gives you the formula so that you can figure out the answers on your own.

I highly recommend this book so that you can also take the journey of "The Medicine Warrior" its is helping me me balance my life and walk the path of the medicine warrior.

You can buy all her ebooks at : <http://www.portalsofspirit.com/EBOOKS.htm>

If you are interested in an assortment of topics, please take the time to visit the Portals of Spirit website at: <http://www.portalsofspirit.com/EBOOKS.htm>

**More of Crooked Arrows books:**  
**The Enlightenment**

**The Whispering Desert**  
**A Tree for Health**  
**The First Medicine Wheel Coloring Book**  
**Not His-story, Not Her-story, But Another story**  
**Will you Listen**  
**The L.O.O.P**  
**Restoring Tribal Pride**  
**How?**

**Also by Crooked Arrow and Her son, Night Hawk:**  
**A Song in My Heart**  
**The Nomians**

**For more information regarding these books visit Surviving Earth Changes 2012 and contact Crooked Arrow through the site:**

**<http://survivingearthchanges2012.weebly.com>**

or visit Portals of Spirit where some of these books are in .pdf format are for sale:

<http://www.portalsofspirit.com/EBOOKS.htm>





For thousands of years the Ancients have tried to help awaken humankind through symbolic insight of the importance of the number 9. But in acons past the number 9 became a number associated with evil only because it was seen as an inverted 6. Through ignorance and superstition humankind stumbled blindly repeating the chaos of their history even after messages from great Prophets tried to point the way to enlightenment. The signs where always around but the people of earth spent time and energy focused on creating chaos, wars and destruction. They ignored the warnings from the earth and its creatures. They could not read the signs that were in front of them.

The number 9 is associated with the 9 months of a humans embryonic life. The Ennead considered it the number through which the consciousness passed on its way to birth. The fact is the number 9 is the number of completion. A sacred number that brings one out of the dark and into the light of oneness.

After World War II the generation that followed looked at life differently and began to question everything. They jump started the awakening energy on our planet. As time passed more questions were asked and the Ancients found ways to place more signs of awareness and encouragement in the path of humans. Numerologist and Astronomers based all their findings on the use of the number 9 system. They understood that numbers vibrate with a person through the time and date of their birth. They were able to observe that all numbers vibrate differently with the human body because each body had its own behavioral patten in its genetic make up.

In the year 2001 the Hemispherical/Harmonic Chakra Balancing CD was produced. It is a tool inspired by the Ancient's use of the number 9. A tool to help humans balance the energy centers of their bodies. One of the great things about this CD was that each person would experience something different. This was because of the way it was created by Hawk, (Crooked Arrow's son) using sound, mathematics, frequency toning and biofeedback.

Now the Ancients have inspired Crooked Arrow to create the NONAGON WISDOM MYSTERY BOX to help humans move further along this road of enlightenment. The box is handmade with 9 sides. The symbols on the sides of the box represent the abundance of wisdom coming from the four directions in a sacred way. On the lid in a 9 petal flower are 9 dragonflies representing universal wisdom. In the center is the flame of wisdom that awakens in our hearts through enlightenment. These symbols all show that the mystery inside has been given by the Ennead. ( 9 Ancients)

**The symbols and material used to construct this box are signs of positive energy. Use this unique box as your personal PRAYER, WISH, or DREAM box to help attract to you what you want with the influence of the number 9.**

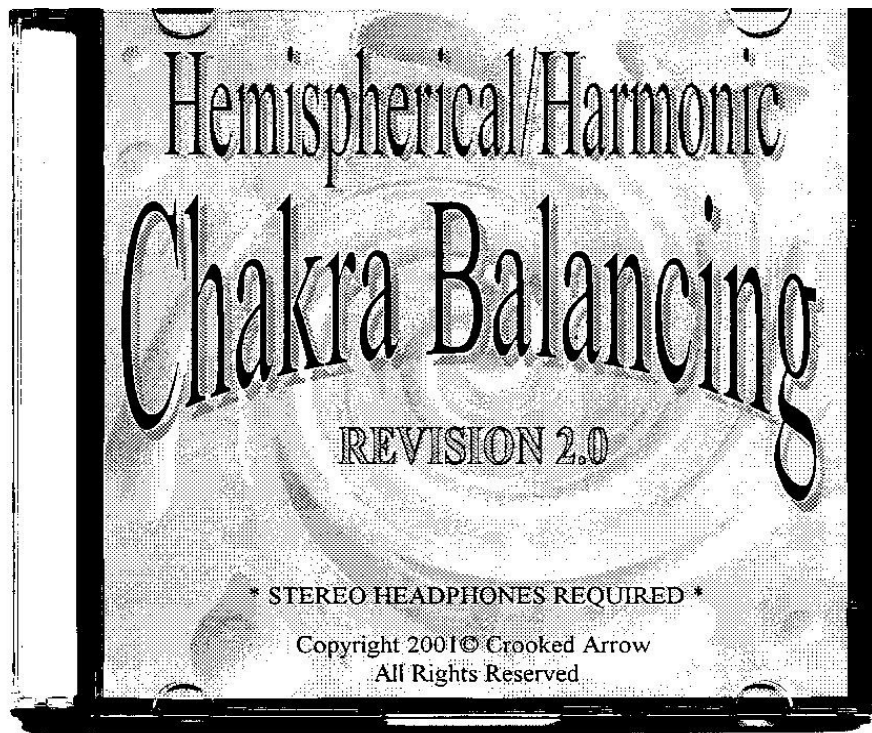


## PICTURES OF NANOGON MYSTERY BOX



**The Nanogon Mystery Box is light weight made of cardboard and that the top plastic crystals will be different with each nonagon**

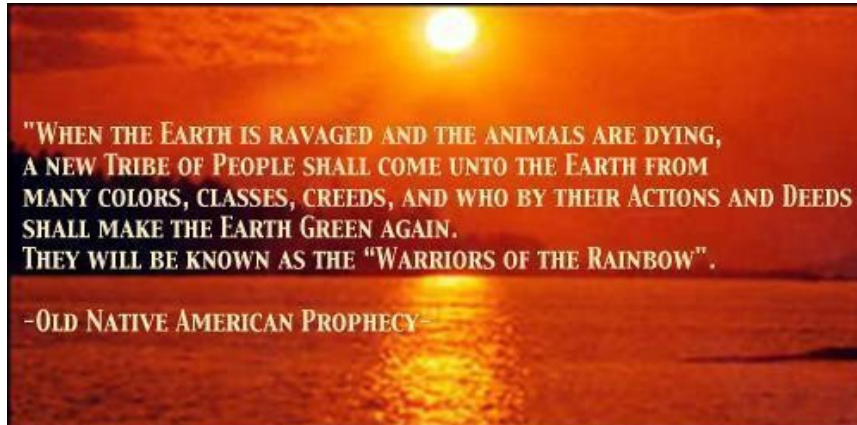
**Price: \$30.00 plus shipping and handling fees**  
**\*\*\*\*Depends on weight and size of the Box\*\*\*\***



In the Year 2001 the Hemispherical/Harmonic Chakra Balancing CD was produced by Crooked Arrow's son Hawk using sound, mathematics, frequency toning and biofeedback.

It is a tool inspired by the Ancients use of the number 9. A tool to help humans balance their chakra energy centers. Each person will experience something different.

**Chakra Balancing CD \$30.00 plus \*\*\*\*shipping and handling fees**



## About Me

My Spiritual name is Rainbow Warrior Mariah:

I am not an author or have a University degree, however it is my life purpose to serve the Creator, and spread the love by bringing awareness to what is going on in the world and to help you awaken before the upcoming earth changes. I am just a spiritual seeker trying to find my life purpose and share the love and light with others. And I wrote some articles and created some videos to bring awareness on the planet. My purpose is to help others awaken, working at the same time on my own karma. And I consider myself a medicine and rainbow warrior in the making.

I have created two spiritual sites called God's Helping Angels and Surviving Earth Changes to bring awareness and to help people awaken and smell the coffee before it's too late. I also created them to encourage people to leave their comfort zones and help each other grow spiritually for the upcoming earth changes so they will be prepared and help others also survive. Join us today and help us make the changes before the upcoming earth changes.

**<http://survivingearthchanges2012.weebly.com>**

**My youtube videos to create by Rainbow Warrior Mariah**

## **Crooked Arrow's Art Exhibition**

<http://www.youtube.com/watch?v=0y2FH04PPOI>

## **Remembering Mu - The Story Video**

These are the Lemurian past life memories of Crooked Arrow and Rainbow Warrior Mariah. Unlike Crooked Arrow who remembers all her life on Mu, Rainbow Warrior Mariah has only had a few flashbacks, but enough to co-write an ebook with Crooked Arrow. The pictures in this video are the Lemurian Doll Series created by Crooked Arrow and pastel painting created by Rainbow Warrior Mariah. There are many theories where the continent of Mu was located and who were its inhabitants. One of the theories for example is by Colonel James Churchward. He states that the Continent of Mu was located in the Pacific Ocean and extended from the Marianas to Easter Island and from Hawaii to Mangaia. He also stated that at the time of Mu's destruction 12,000 years ago, Mu had 64,000,000 inhabitants. Churchward claimed that while he was a soldier in India, he befriended a high priest in the temples of India, who showed him a set of ancient clay tablets. Churchward also claims that they were in the long lost Naga-Maya language. According to him there were only two other people in India could read this ancient language and that he himself had mastered the language and was able to translate the tables. Churchward states that from his translation of the table mankind originated in Mu thousands of years ago. Churchward wrote a series of books on Mu. He wrote Lost Continent of Mu, the Motherland of Man written in 1926, then he reedited the book in 1931 and called it The Lost Continent Mu. He also wrote The Children of Mu in 1931, and The Sacred Symbols of Mu in 1933. This is our Story, Remembering Mu This is a Trailer version of the video. A Full version of the video is coming soon created by Crooked Arrow's spouse and grandson. This is a family project as Rainbow Warrior Mariah is part of their spiritual family. Divine Blessings may this video awaken your memories as a light being when you also first came to planet earth.

[http://www.youtube.com/watch?v=lpqum\\_TCXHU](http://www.youtube.com/watch?v=lpqum_TCXHU)

Videos to create awareness of the problems of our world and the destruction of our planet:

### **Stop Animal Cruelty - Be Their Voices**

Become the voice of the innocent who scream in pain because of the cruelty of mankind and who cannot defend themselves.

<http://www.youtube.com/watch?v=NWBDFJvk7X0>

### **If I could speak, I would tell you**

**Stop Euthanasing of healthy animals In Memory Of Steve Robert (The Crocodile Hunter)**

Irwin The idea that killing animals for institutional reasons would be called "euthanasia" at all is deeply troubling.

<http://www.youtube.com/watch?v=sD7ap5h0Do4>

### **Help Us - Endangered Species**

More than 8,400 plant species and nearly 8,500 animal species around the globe are threatened with extinction, according to the International Union for Conservation of Nature (IUCN), a nongovernmental

<http://www.youtube.com/watch?v=Jl66ofSNLGQ>

**We are the World - In Memory of Michael Jackson  
May His Humanitarian Legacy Live On**

<http://www.youtube.com/watch?v=Bo9R36PZjvg>

**Voices, I am a Survivor**

**IN MEMORY OF MY COWORKER MELISSA MCDONALD WHO DIED AS A RESULT OF  
DOMESTIC VIOLENCE. SHE WILL NEVER BE FORGOTTEN AND HER LIFE AND DEATH  
WILL BE NOT BE IN VAIN. DOMESTIC VIOLENCE: IN MEMORY OF MELISSA MACDONALD**

<http://www.youtube.com/watch?v=wlcEFAscF1M>

**Let History Never Repeat Itself**

**Genocide and Slavery in the Americas and their consequences today**

<http://www.youtube.com/watch?v=edDBTNOCWSg>

**Return to Innocence –Enigma**

**Child Sexual Abuse - Only through awareness and action can we heal the world Do you hear  
their voices??**

<http://www.youtube.com/watch?v=0YBEGBBUzwc>

**When you Love the Least of These**

**Homelessness-In memory of my heroe Mother Theresa of Calcuta. These are the ones that  
society has forgotten.**

<http://www.youtube.com/watch?v=Smg4YhFzoVQ>

**PRO LIFE-GIVE ME A CHANCE - I DESERVE TO LIVE**

<http://www.youtube.com/watch?v=jlxhmkLUoQI>

**Peace on Earth (music by U2) – A peace starts with us making the changes one person at a  
time until it causes a ripple effect that will bring peace to the whole world**

[http://www.youtube.com/watch?v=6v\\_mve9Nq8M](http://www.youtube.com/watch?v=6v_mve9Nq8M)

**The Time is Now to Make the Changes – We are One**

[http://www.youtube.com/watch?v=EhZvgWz\\_0t0](http://www.youtube.com/watch?v=EhZvgWz_0t0)

**Check our website today**





<http://survivingearthchanges2012.weebly.com>